

DRAGON E'S SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
SMALL DRAGONS (3-6 yrs. old) Level 1		5:45 - 6:10pm	5:25 - 5:45pm	6:15 - 6:40pm	
SMALL DRAGONS (3-6 yrs. old) Level 2		6:15 - 6:40pm	5:00 - 5:20pm	5:45 - 6:10pm	
JUNIORS (7-12 yrs. old) White—Yellow	5:45 - 6:25pm		7:45 - 8:15pm		
JUNIORS (7-12 yrs. old) Camo-Blue	6:25 - 7:05pm	6:45 - 7:15pm	5:45 - 6:25pm	6:45 - 7:15pm	
JUNIORS (7-12 yrs. old) Brown-Red/Blk	7:05 - 7:45pm		6:25 - 7:05pm		
JUNIORS (7-12 yrs. old) Black	7:45 - 8:15pm		7:05 - 7:45pm		
TEENS/ ADULTS White-Red/Blk	8:15 - 8:55pm	7:15 - 7:55pm	8:15 - 8:55pm	7:15 - 7:55pm	
TEENS/ ADULTS Black Belt	8:15 - 8:55pm	7:55 - 8:35pm	8:15 - 8:55pm	7:15 - 7:55pm	
TAI CHI					8:30 - 9:30am
CROSS COMBAT (18 yrs & up)				8:00 - 9:00pm	
TOTAL BODY/ KICKBOXING					7:30 - 8:30am